

SIMPLIFY 4

(Prior to this study, it would be helpful to have read chapters 8, 9 and 10)

Conversation starter: What is your favourite verse of Scripture and why? How has it encouraged you along the way?

1. Bill Hybels says that having a life verse is critical for maintaining a simplified life. If you already have a life verse, how have you experienced this to be true? If not, what do you think of his assertion?
2. What practical obstacles – time, energy, desire, something else? – would you have to overcome in order for God’s word to more consistently guide your life?
3. In what category of life are you most prone to making unwise decisions? Finances? Relationships? Health habits? Something else? How open are you to surrendering this aspect of your life to God’s leadership? Who can you enlist to help you out and cheer you on towards success?
4. Read Ecclesiastes 3 v1-8. What season of life do you think you are in at the moment? What is God trying to teach you in this season? What could you do to embrace this season more wholeheartedly?
5. In Ecclesiastes, Solomon records seven ways of “filling the void” in his life: Physical health and longevity, Education, pleasure, work, wealth, sex and fame. Which of these is more likely to distract you from living a life that satisfies? When are you most tempted? What can you do to catch yourself or turn around?
6. How have you begun to implement the principles in “Simplify”? Going forward, what else can you do to unclutter your soul? How will you do this?

