

## Mind-full of God's Promises

### Spiritual Freedom

Bible Study notes 8<sup>th</sup> October 2017

Main Scripture: Isaiah 61 v 1-2

1. Our country is proud to say that the people living here are free. Is this really the case? In what ways are we not free, especially as Christians? What other things enslave people?
2. Compare Isaiah 61 v 1-2 and Luke 4 v 18-22. What is the difference between the two passages? Why do you think Jesus missed some of it out?
3. How aware are you of the sin in your life? Look at 2 Samuel 11. How was David enslaved to sin? Read Genesis 3 7-13. How did Adam and Eve respond to sin in their life?
4. Read Hebrews 12 v 1-2a. How are we able to live in freedom? Take some time to think about your life. Are there sins that have become the norm? Are you denying a sin that you have committed? Have you become self-centred instead of Christ centred? 1 John 1 v 9 encourages us to confess our sins and receive forgiveness. If this is something that you need to do, perhaps seek out a wise Christian to pray with you.
5. How often do you perform a spiritual check up on yourself? Consider partnering with another Christian who you can be accountable to and who will encourage and support you.
6. Take some time to pray for each other.

If you would like to carry out a check-up in your own time, you can download a helpful document from CWR here:

<http://www.cwr.org.uk/doc/pdfs/SpiritualHealthCheck.pdf>