



Sacred Names. Sacred Truths

3rd November 2024

Exodus 15:22-27

Jehovah Rapha

1. What are your thoughts about God being a healer? Have you experienced this yourself? Think of times when he has not answered your prayers for healing. How do you reconcile that with the name “God who heals”?
2. Why do you think we almost always ask for physical healing when we pray?
3. (v21-24) The Israelites went from praise to grumbling in a very short period of time. Have you ever found yourself acting like that? How quickly do you turn to God when life throws you a curve ball?
4. (v23) Where in your life might you experience bitterness? How *should* we react at those times?
5. (v25) Moses did what the Israelites failed to do. In what ways can we be like the Israelites when faced with problems? (*Blame someone else, grumble and moan, not see the bigger picture, turn our back on God because he obviously doesn't care.*) Why do you think God allows frustrating, fearful, and challenging events to happen to us?
6. The God who heals has a deeper mission to restore and bring wholeness. When we look at our broken world, how can we join God in his healing work – in our families, church, communities, country, and beyond?
7. (v27) After Marah, there was Elim. What is the significance of the 12 springs and 70 palm trees? See Ex 1:1-5. What else does Elim represent? (*Abundance for all, refreshment, rest, provision and promise, preparation for what lies ahead*)
8. Spend time praying for those who are struggling in their own Marah moment. Seek a deeper healing and restoration in your own life. Give him your fears, frustrations and challenges.