



Keep in step with the Spirit Jan 7th '18

1. Start by reading through *Galatians* – share the reading – different people reading different paragraphs. So what's the context for this phrase in 5:25 "Keep in step with the Spirit"? (Look at the letter as a whole, as well as the immediately preceding verses.)

2. We saw that the words "keeping in step" in 5:25 were used in Paul's day to mean "keeping carefully in line" (like following someone up a mountain trail, or keeping in line" in marching) or keeping in step as you dance.

What do these word pictures help us see about living by the Holy Spirit?

We talked about different aspects of "keeping in step with the Spirit"

- going where God's going
- living in His company
- empowered by Him.

Discuss each of these. What other aspects could have been added?

3. What do these other New Testament passages teach us about living by the Spirit?

John 3:3, Romans 6:11-14; Romans 8:14-17; Ephesians 4:1-6;
Ephesians 5:18-20; Philippians 1:27; Colossians 3:16, 17;

What things hinder us living this Spirit-filled life? And what nurtures it?

How can we support each other in this?

4. Two practical ideas were suggested:-

i) Take a photo of one of the verse for the year cards somewhere where you walk regularly, or on steps you climb regularly, maybe somewhere unusual where you go this year. We can put these photos up on the screen at the front of church.

ii) Write on the back of the verse for the year cards the questions: "Lord, what do you see here?" "Anything you'd like me to do?"

Any other ideas you can think of that will help us keep focussed on this command that comes right out of God's Word?

Pray for a fresh out-pouring of God's Spirit on us individually, on us as a church, in our nation and across the world.